



Adult Coloring Journal: Nar-Anon (Turtle Illustrations, Rainbow Canvas)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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This Adult Coloring Journal: Nar-Anon (Turtle Illustrations, Rainbow Canvas) book is not ordinary book, you have it then the world is in your hands. The benefit you get by reading this book is information inside this publication incredible fresh, you will get info which is getting deeper anyone read a lot of information you will get. This kind of Adult Coloring Journal: Nar-Anon (Turtle Illustrations, Rainbow Canvas) without we recognize teach the one who reading through it become critical in pondering and analyzing. Don't become worry Adult Coloring Journal: Nar-Anon (Turtle Illustrations, Rainbow Canvas) can bring any time you are and not make your handbag space or bookshelves' grow to be full because you can have it with your lovely laptop even cell phone. This Adult Coloring Journal: Nar-Anon (Turtle Illustrations, Rainbow Canvas) having fine arrangement in word and also layout, so you will not truly feel uninterested in reading.

Christopher Hannah:

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