



Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Pastel Elegance)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Alma Young:

The experience that you get from Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Pastel Elegance) is the more deep you excavating the information that hide inside words the more you get interested in reading it. It does not mean that this book is hard to understand but Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Pastel Elegance) giving you thrill feeling of reading. The copy writer conveys their point in a number of way that can be understood by anyone who read that because the author of this reserve is well-known enough. This particular book also makes your vocabulary increase well. Therefore it is easy to understand then can go along with you, both in printed or e-book style are available. We suggest you for having this Adult Coloring Journal: Survivors of Incest Anonymous (Mandala Illustrations, Pastel Elegance) instantly.

Jimmy Stone:

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