



Gluten-Free Vitamix Recipes (Going Gluten-Free)

Tamara Paul

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Tamara delivers delicious recipes for the entire family. She was a working mother when she decided to write these books, she understands the constraints that come with the territory.

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3. **Italian, Indian, Greek, Mexican** recipes, and many more!
4. Always on the go? Check out the **On-The-Go Recipe Book or the Freezer Recipes Book** to save time!
5. On a budget? Eating gluten-free doesn't have to be more expensive than it already is - check out the **Quick, Cheap, and Gluten-Free Recipes** - with every recipe taking 10 minutes or less!
6. Slow cookers, pressure cookers, and baking galore - you'll find it all with this amazing set of cookbooks!
7. All recipes are family-friendly, and Tamara goes a step further by providing her very own set of **Gluten-Free Kids Recipes** - great for the whole family - even better for the little ones! e

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