



# Discipline That Works: Promoting Self-Discipline in Children (Plume)

*Thomas Gordon*

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**Dr. Thomas Gordon**, author of the phenomenal bestseller **P.E.T.**, expands the system he developed to help parents to encompass teachers and childcare workers. In **Discipline That Works**, **Gordon** provides convincing evidence that punitive discipline is harmful to children and promotes self-destructive behavior and anti-social, aggressive acts. Instead, he offers an important new strategy to help children become more self-reliant, make positive decisions, and control their own behavior.

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