

# Solace: How Caregivers & Others Can Relate, Listen, and Respond Effectively to a Chronically Ill Person

Walter St. John EdD

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Contending with the difficult questions and circumstances that accompany chronic illness, this handbook aims to comfort those suffering from a sustained condition as well as their loved ones. Tips on what to do and say in exchanges between sufferers and those closest to them are provided in a no-nonsense manner and plain language. Five concise sections cover ideal communication, the most efficient ways to provide support, listening and observing, relating, and responding to different moods and challenging dialogue. Addressing a crucial need for the present day, this is an essential guide for millions of people touched by prolonged ailments.



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