



Face to Face with the Face: Working with the Face and the Cranial Nerves through Cranio-Sacral Integration

Thomas Attlee D.O., R.C.S.T.

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Practical and clear, this comprehensive guide to cranio-sacral treatment of the face explains treatment approaches that can make a significant difference to persistent and intractable conditions, enabling profound transformation in quality of life through whole-person integration.

The book explores the eyes, ears, nose, sinuses, mouth, teeth and jaw, and provides a practical means of resolving the multitude of conditions affecting these crucial areas in a gentle, non-invasive manner, utilising the body's inherent healing potential. It covers a wide range from persistent ear infections, dental disturbances, facial injury, sinusitis and trigeminal neuralgia, one of the most painful conditions known to the medical world, through to identifying hidden causes of migraine, autism and chronic fatigue and patterns of ill health arising from birth, early childhood and past trauma. Cranial nerve dysfunctions, including polyvagal disturbances, are also included.

Hand positions and contacts are clearly presented with over 200 colour photographs and anatomical drawings. A comprehensive presentation of the potential cooperation between dentistry and cranio-sacral therapy is also provided, with contributions from two eminent dentists, providing much needed information on this growing field of integrative medicine.

Essential reading in this rapidly expanding area of practice, the book is fully illustrated in colour.

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