



Adult Coloring Journal: Co-Anon (Turtle Illustrations, Bubblegum)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Agnes Higa:

Book is to be different for every single grade. Book for children until eventually adult are different content. We all know that that book is very important for us. The book Adult Coloring Journal: Co-Anon (Turtle Illustrations, Bubblegum) had been making you to know about other know-how and of course you can take more information. It is very advantages for you. The publication Adult Coloring Journal: Co-Anon (Turtle Illustrations, Bubblegum) is not only giving you more new information but also being your friend when you really feel bored. You can spend your personal spend time to read your publication. Try to make relationship using the book Adult Coloring Journal: Co-Anon (Turtle Illustrations, Bubblegum). You never feel lose out for everything in case you read some books.

Kristin Todd:

A lot of people always spent their free time to vacation or perhaps go to the outside with them family or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity here is look different you can read a book. It is really fun for you. If you enjoy the book that you simply read you can spent all day long to reading a book. The book Adult Coloring Journal: Co-Anon (Turtle Illustrations, Bubblegum) it is rather good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. In case you did not have enough space to deliver this book you can buy the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not too expensive but this book provides high quality.

James Sanchez:

What is your hobby? Have you heard this question when you got pupils? We believe that that problem was given by teacher with their students. Many kinds of hobby, Everybody has different hobby. And you know that little person such as reading or as reading through become their hobby. You need to know that reading is very important in addition to book as to be the factor. Book is important thing to add you knowledge, except your teacher or lecturer. You get good news or update regarding something by book. Amount types of books that can you go onto be your object. One of them are these claims Adult Coloring Journal: Co-Anon (Turtle Illustrations, Bubblegum).

Marina Espinal:

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Illustrations, Bubblegum) can to be your new friend when you're truly feel alone and confuse with what must you're doing of their time.

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