

Around the World with the Ingreedies: A Taste Adventure

Zoe Bather, Joe Sharpe

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Chef and his intrepid gang of ingredient hunters – comic characters called the Ingreedies – take you on a world trip that will tantalize your taste buds and inspire adventures in the kitchen. Join Melvin in the rainforest for some edible Amazonian treats, and try explosive chillis in Mexico with Lexi, while Bentley explains all about how the Swedes preserve their food, and Chai discovers magical spice blends in India.

This book draws on the culture, history, science, and geography behind our food and serves it up as a visual feast of illustrations, maps, and recipes.

Exciting but accessible recipes for 13 meals that the family can eat together, including French tarte Tatin, American chowder, Chinese "dan dan" noodles, Moroccan chicken stew, and many more.



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