



# **Nutritional Factors in Hypertension (Contemporary Issues in Clinical Nutrition)**

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# Nutritional Factors in Hypertension (Contemporary Issues in Clinical Nutrition)

## Nutritional Factors in Hypertension (Contemporary Issues in Clinical Nutrition)

Reviews the various mechanisms by which nutritional factors can effect changes in blood pressure or maintain normal homeostasis. Divided into two concise sections, it consists of studies by leading biochemical researchers and clinicians on the influence of selected nutrients and dietary calcium. *Section A* discusses the pathophysiologic role of such factors as potassium, dietary fat and fiber, alcohol, and sodium intake. *Section B* focuses on calcium intake and its link with the pathogenesis of common, chronic disease. It probes such issues as the epidemiologic relationship between lower calcium intake and hypertension, the blood pressure response to increased calcium intake, the physiology of intestinal calcium absorption, and the transport of calcium to the cell.

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