



Whose Couch Is It Anyway: Moving Your Millennial

Ph.D. Phyllis Goldberg, Ph.D. Rosemary Lichtman

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Whose Couch Is It Anyway: Moving Your Millennial Ph.D. Phyllis Goldberg, Ph.D. Rosemary Lichtman *Whose Couch Is It Anyway? Moving your Millennial*, by Los Angeles based Phyllis Goldberg, Ph.D. and Rosemary Lichtman, Ph.D., explores the impact on five different families after an adult child boomerangs home. Taking the beleaguered Mom as their focus, they bring over thirty years of clinical experience to the pressing challenges of families in flux, delivering keen insights and effective strategies for moving forward.

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