



RESULTS Coaching Next Steps: Leading for Growth and Change

Kathryn M. Kee, Karen A. Anderson, Vicky S. Dearing, Frances A. Shuster

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Grow yourself in order to grow your team.

Do you spend your days managing others only to find you're still putting out fires? Leadership coaching is a better way to impact change. At the crux of coaching culture is mindset—learn how to cultivate the mindset to grow yourself first before leading others. This book will help you:

- Learn to use neuroscience research productively
- Expand your use of communication skills
- Understand examples of leaders implementing coach-like behaviors into everyday practice
- Learn specific approaches to supervise and coach for growth
- Approach difficult conversations with confidence

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