



Well Adjusted Babies (Second Edition)

Dr Jennifer Barham-Floreani

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Known as "the new parenting bible", this Australian Best-Seller written by Dr Jennifer (B.App.Clin.Sci, B.Chiropractic) offers the most unique collation of cutting-edge information and knowledge on holistic parenting - all in the one book! If you're looking for pregnancy books, Well Adjusted Babies is a unique guide for holistic parenting from pregnancy through to early childhood that every parent should own. This Best-Selling book focuses on health-related issues and what Dr Jennifer Barham-Floreani describes as "the variables that may affect your child's inherent potential". Discover Dr Jennifer's well-researched, easy-toread information about... -Improving Fertility -Self-Care During Pregnancy -Meeting Your Physical/Emotional Needs -Techniques to Ease the Pain of Labour -How to Have a Safe, Natural Birth -Breastfeeding, Formulas and Colic -First Foods for Babies -Tips for partners and birth teams -Minimizing Harmful Toxins -Alternatives to Pharmaceutical Drugs -The Benefits of Chiropractic -How to Guide Your Child's Development - Wholesome dietary habits for the Family And MUCH More...



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