



Golf Handbook for Women: The Complete Guide to Improving Your Game

Vivien Saunders

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The Golf Handbook for Women takes you through every aspect of golf, whether you are just starting out or want to raise your game to a new level. Movements and shots are carefully detailed, using photographs and illustrations, with helpful suggestions on how to ensure you'll hit your best shot every time.

In **The Golf Handbook for Women**, you'll find information on:

Choosing and using equipment that's right for you

Developing good habits from the start

Knowing which shot to play in various situations

Judging distance and aiming well

Reading greens

Correcting common mistakes

Getting out of trouble shots

Conquering fears and being positive

Finding strategies for strokeplay and matchplay

Deciding what to do--and not do--on a course

Enjoying the game to the fullest!

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