



The \$447 Million Secrets of Sport: Discover the most powerful ancient and modern mind secrets used by the world's top sports stars

Dr. Stephen Simpson

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So you want to discover some secrets to use in your favourite sport to take your game to at least the next level? Excellent, You will find many in this book. YOU will discover the secrets of success used by our top athletes. Choose the secrets that most strongly resonate with you, and use them in your favourite sport. YOU will have more fun, and post better results. As an extra bonus you will delight in discovering that these secrets work just as well in the rest of your life too!

It is no surprise that Floyd Mayweather, Tiger Woods, LeBron James, Roger Federer, Cristiano Ronaldo, Peyton Manning, Alex Rodriguez, Fernando Alonso, Mahendra Dhoni, and Usain Bolt have set so many records, and earned so much money. It is because they have stretched their ability as far as it will go, using both ancient and modern mind secrets,

Their secrets include setting power goals, the benefits of meditation, Zen, NLP, visualisation, how to make your own luck, developing mindfulness, the importance of staying in the present, dealing with adversity, and forging a winning attitude.

Each chapter comprises two main sections. The first section paints a high level summary of each athlete, their main achievements, and suggests some of their possible secrets. The second section of each chapter examines the athlete's main secret in more detail. This includes compelling explanations of how your mind works, and why some techniques will be much more valuable to you than others. YOU will discover how to improve your skills in these vital areas, and how to start posting the scores that you deserve.

About the author Dr. Stephen Simpson is a medical specialist, MBA, and Fellow of the Royal Society of Medicine. He works as an elite performance coach, and has written and presented many scientific papers at international conferences, as well as making guest appearances on TV and radio. Dr. Simpson is also a bestselling book and audiobook author and presenter, achieving Number 1 successes in 8 countries to date; in UK, USA, Australia, Portugal, Italy, Austria, France, and Belgium. His clients include leading names from the world of sport, business, and the entertainment industries.

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