



# **The Beauty Detox Solution: Eat Your Way to Radiant Skin, Renewed Energy, and the Body You've Always Wanted**

*Kimberly Snyder*

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**The Beauty Detox Solution: Eat Your Way to Radiant Skin, Renewed Energy, and the Body You've Always Wanted** Kimberly Snyder

Nutritionist and beauty expert Kimberly Snyder helps dozens of A-list celebrities get red carpet ready - and now you're getting the star treatment. Kim used to struggle with coarse hair, breakouts and stubborn belly fat, until she traveled the world, learning age-old beauty secrets. She discovered that what you eat is the ultimate beauty product, and she's developed a powerful program that rids the body of toxins so you can look and feel your very best. With just a few simple diet changes, you will:

- Get a youthful, radiant glow
- Banish acne, splotchy skin, and wrinkles
- Grow lustrous hair and strong nails
- Get rid of the bloat, melt away fat, and never count calories again!

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