



Diabetes Danger: What 200 Million Americans at Risk Need to Know

Walter M., II Bortz

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This comprehensive book provides much-needed information on the horrifying dangers of uncontrolled diabetes. This is an essential guide for diabetics, their caregivers or anyone who has diabetes in their family. *Diabetes Danger* also provides crucial advice for those seeking to prevent a diabetes outbreak of epidemic proportions.

Among the important questions Dr. Bortz addresses:

- What is diabetes, and how did it grow from an almost unknown disease to today's epidemic?
- How does our genetic makeup combined with the modern lifestyle almost guarantee that an American will contract diabetes?
- Why don't doctors prescribe the best treatment for the disease?
- Why can't drugs cure it?
- Can watching television increase diabetes risk?
- What steps can you take to save your body from physical ruin?

Diabetes Danger offers hope, showing steps that should be taken to quench the fire of diabetes. He also gives potential strategies to reverse diabetes' symptoms once the dreaded disease has struck. Often, health maintenance rather than medical intervention is more effective in reining in this horrible disease.

Introduced with a Foreword by Governor Mike Huckabee of Arkansas, author of the recent bestseller *Quit Digging Your Grave with a Knife and Fork*.

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