



## Handbook of Couple and Family Assessment

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This outstanding book is intended to help systems practitioners to keep abreast of how to do assessments of the couple, the family, the family sub-system and individual couple/family member(s). It is designed to assist both systemic practitioners and graduate students being trained in systems therapy. The chapters are most relevant to practitioners in their work with couples, families, (system as a whole, subsystems and individual couple and family members) with a variety of presenting problems. The chapter topics were chosen by surveying the field of systematic therapy and then focusing on those topics that are currently in the forefront. The underlying philosophy of the book is that due to the current demands for time and cost effective therapy, providing quality therapy for today's evolving diverse couples and families is no longer enough. Therefore, today's systems practitioners need to be knowledgeable about how to assess couples and families and guide the goal setting and treatment approach.

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