



# Medium Raw: A Bloody Valentine to the World of Food and the People Who Cook

*Anthony Bourdain*

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[\*Read by the author - Anthony Bourdain]

In the years since his classic *Kitchen Confidential* first alerted us to the idiosyncrasies and lurking perils of eating out, from Monday fish to the breadbasket conspiracy, much has changed for the subculture of chefs and cooks, for the restaurant business-- and for Anthony Bourdain. *Medium Raw* explores these changes, moving back and forth from the author's bad old days to the present. Tracking his own strange and unexpected voyage from journeyman cook to globe-traveling professional eater and drinker, and even to fatherhood, Bourdain takes no prisoners as he dissects what he's seen, pausing along the way for a series of confessions, rants, investigations, and interrogations of some of the most controversial figures in food.

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