



# Mystery Experience: A Revolutionary Approach to Spiritual Awakening

*Tim Freke*

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# Mystery Experience: A Revolutionary Approach to Spiritual Awakening

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## **Mystery Experience: A Revolutionary Approach to Spiritual Awakening** Tim Freke

Prepare for the journey of your life. Literally. This book does not aim to make your life carefree, to make your problems disappear, to turn you into a saint free from blemish or blame. In fact, you may end up utterly bewildered by The Mystery Experience at times. But you will also be intrigued. Curious. Questioning. Loving. Loved. Overjoyed. Seduced out of the numbness of banality. And most importantly, awake. Gloriously awake, and full of wonder. Philosopher and author Tim Freke leads us on a journey through the nature of the 'Mystery Experience', via quantum physics, Gnosticism, the essence of Tao, meditation, Walt Whitman, Greek mythology, Buddhism, Dub Punk musician Jah Wobble, and Carl Jung. But what is the 'Mystery Experience'? You can taste it by simply focusing your attention on the mystery. But what is the mystery? The mystery is life. The mystery is the journey. The mystery is you. The mystery is me. The mystery makes you want to say, simply: WOW. No one has the answers, but asking the questions is what makes us come alive. Wherever you're coming from, you will find this journey rewarding. The only real requirement is that you're willing to wonder about life - to be curious and open - to be an explorer. Now prepare to leave base camp, because we're about to set off on a grand adventure.

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