



Handbook of Neurofeedback: Dynamics and Clinical Applications

James R. Evans PhD, Richard Adam Crane, Siegfried F. Othmer BA, Martha C. Maldonado Rubi, David Joffe, Susan Othmer, Timothy Tinius PhD, David Sevier, Victoria L. Ibric MD PhD, Chuck J. Davis, Joe Horvat PhD, Thomas H. Budzynski PhD, Helen K. Budzynski PhD, Hsin-Yi Jean Tang MS, Lynda Kirk, Lester G. Fehmi PhD

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- **Handbook of Neurofeedback** is a comprehensive introduction to this rapidly growing field, offering practical information on the history of neurofeedback, theoretical concerns, and applications for a variety of disorders encountered by clinicians. Disorders covered include ADHD, depression, autism, aging, and traumatic brain injury. Using case studies and a minimum of technical language, the field's pioneers and most experienced practitioners discuss emerging topics, general and specific treatment procedures, training approaches, and theories on the efficacy of neurofeedback.

The book includes comments on the future of the field from an inventor of neurofeedback equipment and a discussion on the theory of why neurofeedback training results in the alleviation of symptoms in a wide range of disorders. The contributors review of procedures and a look at emerging approaches, including coherence/phase training, inter-hemispheric training, and the combination of neurofeedback and computerized cognitive training.

Topics discussed include:

- Implications of network models for neurofeedback
- The transition from structural to functional models
- Client and therapist variables
- Treatment-specific variables
- Tomographic neurofeedback
- Applying audio-visual entrainment to neurofeedback
- Common patterns of coherence deviation
- EEG patterns and the elderly
- Nutrition and cognitive health
- ADHD definitions and treatment
- Attention disorders
- Autism disorders
- The neurobiology of depression
- QEEG-guided neurofeedback
- This book is an essential professional resource for anyone practicing, or interested in practicing neurofeedback, including neurotherapists, neuropsychologists, professional counselors, neurologists, neuroscientists, clinical psychologists, and psychiatrists.

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