



# Real Power: If God Were Your Therapist How to Love Yourself and Your Life

*Ph.D., David J. Lieberman*

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**Real Power: If God Were Your Therapist How to Love Yourself and Your Life** Ph.D., David J. Lieberman

From the renowned specialist in human behavior, Dr. Dovid Lieberman comes an extraordinary new book that shows us how to create a positive and permanent shift in the quality of our lives. REAL POWER offers specific strategies that will enable readers to harness untapped abilities and experience immediate and dramatic change. Acclaimed author, Rabbi Zelig Pliskin says: Dovid Lieberman has the knowledge and experience to transform people's lives. Of his previously released works, Publishers Weekly declares, It cuts to the chase presenting simple, concise techniques . . . [and] useful strategies rooted in basic human psychology and supported by numerous studies. Dr. Warner Chen, Faculty Fellow of Harvard University added, You can apply the techniques instantly. Dovid Lieberman's profound, yet practical, works have sold more than one million copies, and are enjoyed by people at all levels and backgrounds. His ability to distill deep concepts into concise and easy-to-read language is what led Library Journal to call his writing, Entertaining, effective, and enjoyable. Let REAL POWER show you how to release your fear and insecurities, and move your life forward, with a confident new attitude and fresh new perspective.

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