



THE GREEN DIABETES SOLUTION

RICHARD R GREEN

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In 1975, at the age of twenty-eight, Richard Green was diagnosed with Type I diabetes. Refusing to take insulin injections, he was given only six months to live. His doctor prescribed a course of action to manage his symptoms but gave him no cure. But, Green, fearless and full of hope, did not give up. He set upon an amazing journey researching and studying the mental, physical, emotional, and spiritual components of the body. He united these disciplines, like no other doctor or scientist before him, and, in the end, came up with a sensible and logical diet that completely healed him of diabetes. The Green Diabetes Solution details Green's courageous battle to save his own life. By re-thinking science, medicine, and spirituality, Richard Green, not only reclaimed his life, but also discovered a better way to live it. Green's discoveries will change the way you think of medicine, health, and diet. His teachings, revealing the magnificent healing powers of your mind and the proper use of natural food, will help you heal yourself.

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