



# The Lunch-Box Chronicles: Notes from the Parenting Underground

*Marion Winik*

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**The Lunch-Box Chronicles: Notes from the Parenting Underground** Marion Winik

*Child Magazine* Best Book of the Year

"For me, parenting is like dieting. Every day, I wake up filled with resolve and good intentions, perfection in view, and every day I somehow stray from the path. The difference is with dieting, I usually make it to lunch. . . ."

With the candor and often hilarious outlook that have made her a beloved commentator on NPR, Marion Winik takes the reader on an unforgettable journey through modern parenthood, with all of its attendant anxieties and joys.

A single mother with two small boys, Winik knows exactly what she's talking about, from battles over breakfast and bedtime to the virtues of pre-packaged food and weightier issues like sex education and sibling rivalry. Part memoir and part survival guide, *The Lunch-Box Chronicles* is an engaging philosophy of parenting from a staunch realist, who knows that kids and their parents both will inevitably fall far short of perfection, and that a "good enough mom" really is, in fact, good enough.

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represented how does the world has grown up. The terminology styles that writer make usage of to explain it is easy to understand. The particular writer made some analysis when he makes this book. Here is why this book suited all of you.

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