



Food, Gender, and Poverty in the Ecuadorian Andes

Mary J. Weismantel

Download now

[Click here](#) if your download doesn't start automatically

Food, Gender, and Poverty in the Ecuadorian Andes

Mary J. Weismantel

Food, Gender, and Poverty in the Ecuadorian Andes Mary J. Weismantel

We are what we eat: our food defines us as individual women and men, as families and communities, and as members of our race, our class, and our nation. In this book, Mary Weismantel uses four different facets of the social life of food--diet, cuisine, discourse, and practice--to draw a richly detailed and compelling portrait of one South American community during the 1980s. The foods eaten in Zumbagua, an indigenous parish of highland Ecuador, are key to understanding what holds this distinctive people together in the face of tremendous economic and cultural challenges, as well as what divides them. The detailed discussion of diet is surprisingly revealing. Ancient histories emerge from the origins of staple crops like barley and potatoes, while recent trends, such as the substitution of purchased candies and colas for too-expensive fruits and vegetables, expose an ongoing ecological and economic crisis. In her discussion of cuisine--the cultural rules by which foods become meals--Weismantel shows how the everyday work of women preparing food transforms a mundane physical necessity, into a deeply meaningful symbolic act. Differences between local and national cultures, everyday and special occasions, men and women, adults and children, family and friends are only some of the cultural messages transmitted through snacks and meals. Further, this culinary language is a highly expressive political idiom. By analyzing conversations and arguments about food, this book shows how an apparently apolitical community engaged in agonized debates about survival in the face of endemic racism and accelerating poverty. Cooking oil and wild mustard, bread and gruel, white rice and brown barley all appear as highly charged symbols of assimilation or resistance. Lastly, the book moves into the kitchen itself, where kinship, generation and gender shape--and are shaped by--the practical work of feeding the family. Social changes, such as the feminization of agriculture, continually alter labor demands within and outside of the kitchen, creating new tensions and conflicts within the family. By retaining close attention to the food itself as it is prepared and consumed, this book explores these intimate family issues without ever losing sight of the larger forces involved. The kitchen stove is a final nexus between production, exchange, and consumption. In the end, the delicate balance between the labor and products that go out of the house, and the goods that come back in, determines economic survival. And it is by choosing what to allow in and what to exclude, and how to shape the finished product for their own consumption, that the people of Zumbagua exert a precarious cultural autonomy in the face of daunting difficulties. This book is both a richly specific document of their lives, and a significant theoretical statement about the anthropology of food.

 [Download Food, Gender, and Poverty in the Ecuadorian Andes ...pdf](#)

 [Read Online Food, Gender, and Poverty in the Ecuadorian Ande ...pdf](#)

Download and Read Free Online Food, Gender, and Poverty in the Ecuadorian Andes Mary J. Weismantel

From reader reviews:

Richard Glass:

A lot of people always spent their free time to vacation as well as go to the outside with them loved ones or their friend. Do you realize? Many a lot of people spent they will free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity that is look different you can read some sort of book. It is really fun for you. If you enjoy the book that you just read you can spent all day long to reading a reserve. The book Food, Gender, and Poverty in the Ecuadorian Andes it is extremely good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. In case you did not have enough space bringing this book you can buy the particular e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not to cover but this book offers high quality.

James Ponce:

Playing with family inside a park, coming to see the ocean world or hanging out with good friends is thing that usually you might have done when you have spare time, then why you don't try issue that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Food, Gender, and Poverty in the Ecuadorian Andes, you could enjoy both. It is very good combination right, you still wish to miss it? What kind of hang-out type is it? Oh can happen its mind hangout guys. What? Still don't have it, oh come on its identified as reading friends.

Sabra Fitzgerald:

Are you kind of hectic person, only have 10 as well as 15 minute in your morning to upgrading your mind talent or thinking skill perhaps analytical thinking? Then you have problem with the book as compared to can satisfy your short period of time to read it because pretty much everything time you only find reserve that need more time to be study. Food, Gender, and Poverty in the Ecuadorian Andes can be your answer because it can be read by you actually who have those short spare time problems.

Victoria Austin:

As we know that book is important thing to add our know-how for everything. By a guide we can know everything we wish. A book is a group of written, printed, illustrated or blank sheet. Every year was exactly added. This guide Food, Gender, and Poverty in the Ecuadorian Andes was filled concerning science. Spend your time to add your knowledge about your science competence. Some people has diverse feel when they reading any book. If you know how big benefit from a book, you can sense enjoy to read a guide. In the modern era like currently, many ways to get book that you simply wanted.

**Download and Read Online Food, Gender, and Poverty in the
Ecuadorian Andes Mary J. Weismantel #2KI3BQ8HLNU**

Read Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel for online ebook

Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel books to read online.

Online Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel ebook PDF download

Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel Doc

Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel Mobipocket

Food, Gender, and Poverty in the Ecuadorian Andes by Mary J. Weismantel EPub