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Jeanne Blum



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For more than 5,000 years, Oriental medicine has known of 24 accupressure points on the body of such power that they are rarely discussed or designated on acupressure meridian charts. Drawing from her own experience as a healer, Blum unlocks the beneficial potential of these powerful points which have been known to aid significantly in conception and contraception, menopause, addcitions, depression, and premenstral syndrome. 48 illustrations.

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