

## Balancing Work and Family in a Changing Society: The Fathers' Perspective (Global Masculinities)

Elisabetta Ruspini, Isabella Crespi



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Both research and policy on balancing work and family life have tended to focus on mothers' lives. There has been a general lack of comparative research to the complex intersection between old and new forms of masculinity; and between fatherhood, work-life balance, gender relations and children's well-being. As a result, men's fathering roles and their struggle with work-life balance have often been neglected. These cultural challenges should be better theorized within family and social policy research. This volume examines how fathers fulfill their roles both within the family and at work and what institutional support could be of most benefit to them in combining these roles.

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