



The Foot and Leg in Sport

Simon John Bartold

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The Foot & Leg in Sport offers up-to-date and evidence-based coverage of an area vital to the work of podiatrists, physiotherapists and sports therapists. Functioning as a reference text that allows the reader to find information on whatever subject in the field is required, the book is fully referenced and gives a substantial, scientific and very practical account of the area, from types of injury through to management and pain control, through to athletic footwear.

The Foot & Leg in Sport gives key information on:

Training techniques

History taking

Investigative techniques

Clinical assessment and diagnosis

Management plans

When and to whom to refer

Author Simon Bartold is excellently qualified to write this authoritative book. He draws on his strong background in both research, as an award-winning and prolific contributor to the literature, and as consultant podiatrist to the Australian Institute of Sport Cricket Academy as well as a number of state and national sporting teams. Simon Bartold is an adjunct lecturer to the School of Health Sciences at the University of South Australia and a Visiting fellow at the University of Staffordshire.

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